REFLECTIONS ON THE RUN

Salads

Cape Cod Cranberry Salad

Fresh Spring mix salad, mandarin oranges, sugar glazed walnuts, dried cranberries, topped with crumbly blue cheese and croutons dressed with raspberry vinaigrette.

$6.25

Classic Cobb Salad

Grilled chicken breast, hard-boiled egg, blue cheese with chopped tomatoes & marinated artichoke hearts garnishes house greens. Choice of dressing.

$6.75

Caesar Salad

Traditionally made with romaine lettuce, fresh toasted croutons and cheese crisps.

$6.25

Reflections Bistro Steak Salad

Delicate field greens, lightly seasoned steak filets, walnuts, blue cheese, croutons, and our zesty balsamic vinaigrette dressing.

$6.95

House Garden Salad

Fresh green salad with the garden’s finest vegetables. Choice of dressing.

$4.75

Choice of Dressings: Blue Cheese, Ranch, Thousand Island, Lite Raspberry Vinaigrette, Italian, or Balsamic Vinaigrette.

Combo-Platters

Roasted Beef Sandwich

Thin sliced roast beef, Swiss cheese, red onion and lettuce on a Kaiser roll. Served with fresh vegetables and house-made chips.

$4.95

Roasted Turkey Sandwich

Thin sliced roasted turkey breast, tomato, red onion and lettuce on a Kaiser roll. Served with fresh vegetables and house-made chips.

$4.95

Tuna Salad Sandwich

Our special recipe tuna salad, brunoise vegetables, leaf lettuce tomatoes and red onions with mayonnaise, salt and pepper on a Kaiser roll. Served with fresh vegetables and house-made chips.

$4.95

Soups

Home-Style Chicken Noodle Soup

Home-Style egg noodles, diced carrot, celery, sweet onions and chunks of chicken in a

seasoned chicken broth.

$2.50

Spicy Black Bean Soup

A taste of the southwest vegetarian style with roasted corn and green chilies with a dollop of sour cream.

$2.50

Soup du Jour

Please ask host for today’s Manager’s Special.

$2.50

Featured items

Chicken Breast Tenderloins

Seasoned white meat chicken golden fried with honey mustard or barbecue sauce, served with French fries.

$5.25

To place an order in advance please call Reflections Reservation line, extension 2581 and leave a message.

Available Monday—Thursday 11:30—1:20 during most of the semester.