

## Food For Thought Menu

for 4/25/16 through 5/12/16

<b>Sides:</b>	<b>a la carte</b>	<b>\$1.99</b>
	Coleslaw	
	French Fries	
	Green Salad	
	Add Tuna for <b>\$1.49</b> / Add a Chicken Breast for <b>\$1.99</b>	
	(Dressings – Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard)	
<b>Desserts:</b>		
	Fresh Fruit Parfait (w/Vanilla Yogurt Topped with Granola)	<b>\$2.49</b>
	Classic Nut Brownie Sundae	<b>\$1.99</b>
	Brownie with nuts	<b>\$1.49</b>
	Chocolate Chip Cookie Bar Sundae	<b>\$1.99</b>
	Chocolate Chip Cookie Bar	<b>\$1.49</b>
<b>Beverages</b>		
	Milkshake (Vanilla, Chocolate, or Strawberry)	<b>\$2.99</b>
	Coffee & Hot Tea	<b>\$1.49</b>
	Soda (by the can)	<b>\$1.49</b>
	Lemonade (complimentary for dine-in guests)	<b>\$1.49</b>
	Iced Tea (complimentary for dine-in guests)	<b>\$1.49</b>



## Food For Thought Menu

for 4/25/16 through 5/12/16

<b>From Scratch Soups:</b>	<b>Cup \$2.49</b>	<b>Crock \$3.49</b>
<b>Baked French Onion</b>	<b>or</b>	<b>Vegetarian Lentil</b>
<b>½ Sandwich &amp; Cup of Soup or Fries</b>		<b>\$5.49</b>
<b>(Classic Grilled Cheese, Tuna Melt, or Turkey BLT)</b>		
<b>House-made Chicken Fingers</b>		<b>\$5.99</b>
<i>With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce. Add Fries for \$1.99</i>		
<b>Freshly Ground Memphis Burger</b>		<b>\$5.99</b>
<i>With cheddar cheese, coleslaw, BBQ sauce Add Fries for \$1.99</i>		
<b>Lentil and Quinoa Veggie Burger (contains cashews)</b>		<b>\$5.69</b>
<i>With lettuce, tomato, onion, and tzatziki</i>		
<b>Tuna Melt Sandwich</b>		<b>\$5.49</b>
<i>Tuna fish with cheddar cheese on house-made focaccia bread</i>		
<b>Choice of Crustless Quiche with Fresh Fruit</b>		<b>\$5.99</b>
<i>- White Cheddar Cheese, Spinach, Mushrooms, &amp; Red Peppers</i>		
<i>- Swiss Cheese &amp; Ham</i>		
<b>Cobb Salad</b>		<b>\$5.99</b>
<i>Grilled chicken breast, hard-boiled egg, bleu cheese chopped tomato, bacon, &amp; avocado on a bed of house greens</i>		
<b>Brick-oven Buffalo Chicken Pizza</b>		<b>\$5.49</b>
<i>House-made bleu cheese sauce, Buffalo chicken, and mozzarella</i>		
<b>Brick-oven Pepperoni Pizza</b>		<b>\$5.49</b>
<i>House-made red sauce, pepperoni, and mozzarella</i>		
<b>Chicken French (Dine-In Only)</b>		<b>\$6.99</b>
<i>Egg-battered chicken cutlet with a lemon sherry sauce served over linguini</i>		
<b>Turkey BLT Panini</b>		<b>\$5.99</b>
<i>Roasted turkey BLT w/roasted garlic aioli on grilled focaccia</i>		
<b>Breakfast Sandwich</b>		<b>\$3.49</b>
<i>Egg, breakfast sausage, and cheddar cheese on a soft roll</i>		

The Hospitality Program  
at Monroe Community College welcomes you to

## *Food For Thought*

Our students are available to serve you in this  
instructional laboratory Monday through Thursday from  
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by  
students in our program.

The faculty, staff, and students thank you for  
your patronage.

Please call 292-FOOD (X3663) for reservations and  
information about Food For Thought operations.

