

Introductory Psychology

PSY 101



What is it that makes us who we are? Why do we think, feel, and behave the way we do? Why do we help, hurt, or love others? How do our abilities change from infancy to old age? Why are some people's thinking and behavior disordered, while other people manage to behave in ways that are balanced and productive?

Welcome to the fascinating study of **psychology**. Introductory Psychology at MCC (PSY 101) is standardized across sections, so all faculty teaching 101 (except the honors section) are following an identical schedule, text-

book, syllabus, set of detailed learning objectives with study guide, and grading system.

There are two **Psychology Learning Centers**, one at the Brighton Campus and one at the Damon City Campus. You can use the Learning Centers to study, take practice tests, get tutoring from introductory psychology faculty who are on duty to help you, and also to take additional tests for each unit of material.

PSY 101 uses a **custom textbook** which is available at the MCC bookstore. The top-

ics in this book have been divided into **seven units**, and students get **three opportunities** to take unit tests for each unit (except Intersession and Summer sessions, which have only two). You may take one, two, or all three tests on each unit, and only the highest score counts. A detailed study guide is provided to help you focus on what you need to know to succeed on the unit tests.

Each semester there are nearly 50 sections of PSY 101 offered, so the chances are there will be one to fit your schedule.

- ◆ PSY 101 satisfies a Social Science requirement for Liberal Arts degrees at MCC.
- ◆ PSY 101 satisfies the Social Science General Education requirement for those transferring to a 4-year SUNY college or university.
- ◆ PSY 101 is required for many programs here at MCC, including education, nursing, and human services.

Some different options for taking PSY 101 include:

- ◆ A learning community that pairs a specific section of PSY 101 with REA 100, a reading course tailored to Introductory Psychology. This is perfect for students who need additional support to bolster their success in PSY 101.
- ◆ A hybrid version of PSY 101 (section BH1) where all the teaching and learning of Introductory Psychology take place online and there are no class meetings. Students come to campus to take tests in the Psychology Learning Center, at their convenience, during its hours of operation.
- ◆ An honors section of Introductory Psychology that is more analytical, writing intensive, and smaller, to facilitate class discussions. One section of Honors PSY 101 runs each fall and spring—see the Honors Institute for additional details.