



Local Produce Availability

Your guide to harvest times and availability for the incredible diversity of New York State produce.

Today more than ever, New York consumers are demanding close-to-home freshness in everything they buy. And very few places even come close to New York State for the variety and quality of its farm-fresh produce.

As the Program dedicated to advancing New York agriculture, we take a lot of Pride in New York State fruits and vegetables – and the Pride of New York members who produce them.

Vegetables

Vegetables	January	February	March	April	May	June	July	August	September	October	November	December
Asparagus					Harvest/ Available	Harvest/ Available						
Beans, Dry	Available	Available	Available	Available	Available	Available	Available	Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available
Beans, Lima									Harvest/ Available	Harvest/ Available		
Beans, Snap							Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Beets	Available	Available				Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available
Beet Greens					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available			
Broccoli						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Brussel Sprouts									Harvest/ Available	Harvest/ Available	Harvest/ Available	

Vegetables	January	February	March	April	May	June	July	August	September	October	November	December
Cabbage	Available	Available	Available			Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available
Carrots	Available	Available	Available	Available			Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available
Cauliflower								Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Celery								Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Collard Greens							Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available
Corn								Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Cucumbers								Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Eggplant								Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Garlic						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	
Herbs	Available	Available	Available	Available	Available	Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available	Available
Kale									Harvest/ Available	Harvest/ Available	Harvest/ Available	
Leeks								Harvest/ Available	Harvest/ Available	Harvest/ Available	Available	Available
Lettuce					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Mustard Greens						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	

Vegetables	January	February	March	April	May	June	July	August	September	October	November	December
Onions	Available	Available	Available	Available	Available	Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available
Parsnips	Available	Available	Available	Harvest/ Available	Harvest/ Available					Harvest/ Available	Harvest/ Available	Harvest/ Available
Peas						Harvest/ Available	Harvest/ Available		Harvest/ Available	Harvest/ Available		
Peppers							Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Potatoes	Available	Available	Available	Available	Available	Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available	Available
Pumpkins									Harvest/ Available	Harvest/ Available	Available	
Radishes					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available			
Rhubarb					Harvest/ Available	Harvest/ Available	Harvest/ Available					
Spinach					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Squash, Summer						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Squash, Winter	Available	Available						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available
Swiss Chard						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Tomatoes						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		
Turnips	Available	Available	Available					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	

	January	February	March	April	May	June	July	August	September	October	November	December
Vegetables												
Turnip Greens					Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available				
Zucchini						Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available		

Fruit

	January	February	March	April	May	June	July	August	September	October	November	December
Fruit												
Apples	Available	Available	Available	Available	Available	Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Harvest/ Available	Available
Blackberries								Harvest/ Available	Harvest/ Available			
Blueberries							Harvest/ Available	Harvest/ Available	Harvest/ Available			
Cantaloupes								Harvest/ Available	Harvest/ Available			
Cherries, Sweet						Harvest/ Available	Harvest/ Available					
Cherries, Tart							Harvest/ Available					
Currants								Harvest/ Available				

Fruit	January	February	March	April	May	June	July	August	September	October	November	December
Grapes								Harvest/ Available	Harvest/ Available	Harvest/ Available		
Peaches							Harvest/ Available	Harvest/ Available	Harvest/ Available			
Pears	Available	Available						Harvest/ Available	Harvest/ Available	Harvest/ Available	Available	Available
Plums							Harvest/ Available	Harvest/ Available	Harvest/ Available	Available		
Prunes								Harvest/ Available	Harvest/ Available			
Raspberries							Harvest/ Available		Harvest/ Available	Harvest/ Available		
Strawberries						Harvest/ Available	Harvest/ Available					
Watermelon									Harvest/ Available	Harvest/ Available		

The above periods are approximate. Harvest periods may begin a week to ten days earlier during a warmer-than-usual year. A cool spring will delay crop maturity. Call farms for exact dates of harvest.

Note: Local dairy, honey, and maple syrup are generally available all year long, not to mention seasonal favorites like flowers, nursery stock, and Christmas trees.