

GEG 101 Generative AI Activity 1: Study Skills

Overview

For this online activity, you will use ChatGPT or Microsoft copilot to try to find ways to improve your study.

Objectives

- Use ChatGPT or Microsoft Copilot
- Determine ways to improve your study skills

Instructions

1. Access ChatGPT or Microsoft Copilot on your phone or computer.
 - [ChatGPT \(https://chat.openai.com/chat\)](https://chat.openai.com/chat). You can use this version for 40 minutes without signing up.
 - As an MCC student, you have access to Microsoft Copilot through [MyMCC](#). To open Copilot, select the **Microsoft 365** tile on the MyMCC homepage. Open **Microsoft 365 Copilot** from the grid menu icon at the top left of the screen.

2. In the ChatGPT (or Copilot) prompt, type in the following:

I'm a college student looking to improve my study skills. Specifically, I'm looking for ways of studying that will help me learn the most and remember the longest in the shortest period of time. List and explain to me five specific study techniques I should use. Then ask me which of the techniques I am most interested in using, and help me build a weekly study plan using these strategies.

3. In ChatGPT (or Copilot), answer the question about which techniques you are most interested in.
4. Review your study skill plan.
5. ChatGPT and Copilot are not perfect. When you use it, you always want to improve it. In a Word document, and in two total sentences, explain where its response measures up to expectations and where it doesn't.
6. You always want to cite your source. Example:

*OpenAI. (2026). ChatGPT (January 31 version) [Large language model].
<https://chat.openai.com/chat>*

Stop. Answer questions 1 through 4 on the answer sheet.

7. Screenshot your entire weekly study skill plan. Make sure I can see the plan for Monday through Friday. You may need to take more than one screenshot. Add the screenshots to the answer sheet.

Submission Details

Submit your answer sheet in Brightspace.

AI Activity #1 Rubric

- Questions 1-4 = 0.5 points each, 2 points total
- Image 1 = 3 points

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