

# GEG 101: Generative AI – Study Skills



## Overview

For this online activity, you will use ChatGPT or Microsoft copilot to try to find ways to improve your study skills

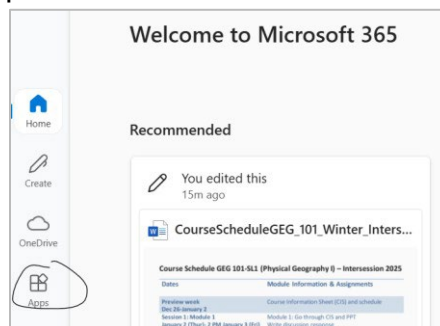
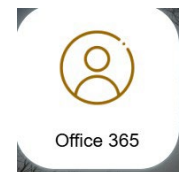
## Objectives

- Use ChatGPT or Microsoft copilot
- Determine ways to improve your study skills

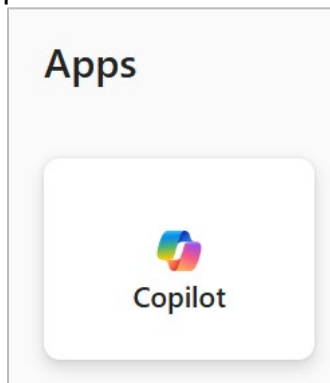
## Instructions

1. Access Microsoft copilot or ChatGPT on your phone or computer

- [ChatGPT \(https://chat.openai.com/chat\)](https://chat.openai.com/chat)  
You can use this version for 40 minutes without signing up.
- As an MCC student you have access to Microsoft copilot.  
You can access it by going to [myMCC](#) > Office 365.
  - Choose Apps.



- Then, go to Copilot.



2. In the ChatGPT (or Copilot) prompt, type in:  
I'm a college student looking to improve my study skills. Specifically, I'm looking for ways of studying that will help me learn the most and remember the longest in the shortest period of time. List and explain to me five specific study techniques I should use. Then ask me which of the techniques I am most interested in using, and help me build a weekly study plan using these strategies.

3. In ChatGPT (or Copilot), answer the question about the techniques you are most interested in.
4. Review your study skill plan.
5. ChatGPT and Copilot are not perfect. When you use it, you always want to improve it. On a word document, and in 2 total sentences explain where its response measures up to expectations and where it doesn't.
6. You always want to cite your source. Example:  
*OpenAI. (2024). ChatGPT (January 31 version) [Large language model].  
<https://chat.openai.com/chat>*

Stop

## Answer Questions 1 to 4

Take a screenshot of your weekly study skill plan. You may need to take a couple screenshots.



**Image 1:** Take a screenshot(s) of your weekly study skill plan. Make sure I can see the plan for Monday through Friday. You may need to take more than one screenshot.

### ***Submission Details***

Submit your answer sheet into Brightspace.

## AI Activity #1 Rubric

- Question 1 to 3 = 1.5 points
- Image 1 = 3 points

The development of this exercise was made possible by the *SUNY Innovative Instructional Technology (IITG) grant*.

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