



# Accessing Your Self-help EAP Benefits



## Log In & Registration Step-By-Step Instructions

1. Log on to [www.HigherEdEAP.com](http://www.HigherEdEAP.com)
2. Click the Member Login button.
3. If you've already created a User Name and Password, simply enter your user name and password in the appropriate boxes.  
**Please note:** If this is your first time accessing Higher Ed EAP, complete steps 4 through 6.
4. Click on **Register**.
5. Fill out the Registration Form, create your own User Name and Password, then submit using the **Register** button. You only need to register once.
6. You will receive a link at the email address you provided. You will need to verify your account before logging in and accessing the site.



[www.HigherEdEAP.com](http://www.HigherEdEAP.com)  
800-252-4555

Scan to view EAP benefits

\* Required fields

### Register

Organization \*  
 ←

i Enter the first few characters to see suggestions.

Username \*

Password \*

i At least 8 characters and contain at least 1 uppercase letter and 1 digit.

Confirm password \*

Email

i You must use a valid email address to verify your account.

First name \*

Last name \*

[← Back to Login](#)

**Register**