



## Health Services Department

### Dental Hygiene / Assisting Program

---

#### Purpose

Completion of this health packet is mandatory prior to clinical participation to ensure the health and safety of both students and patients. The information you provide will be evaluated against the technical standards that have been validated as essential for participation in the program.

#### Students

- Please complete Section 1, 2 and 3 of this career packet. Your name and student ID number (M00 #) must be on each page in case the pages become separated. These are fillable PDF forms. You can use your computer to fill in the student fields and then print it out to sign and date using ink or the forms can be completed in ink.
- Completion of this entire packet (including vaccines or waivers, tuberculosis screening and proof of a physical exam done within the past year) is required from each student before submission.
- Please monitor your MCC student email account, as an RN will review your health packet and contact you via student email to let you know if anything else is needed. This process can take up to 72 hours.

#### Healthcare Providers

- Please ensure that the PPD and all of the immunization requirements Section 4 have been met.
- Be sure the four questions on the top of the physical form are completed and signed by the provider. This is a NYS Department of Health requirement for students entering a health career program.

*Nondiscrimination Statement: Monroe Community College prohibits discrimination based on race, color, religion, sex, sexual orientation, pregnancy, familial status, gender identity or expression, age, genetic information, national or ethnic origin, physical or mental disability, marital status, veteran status, domestic violence victim status, socioeconomic status, criminal conviction, or any other characteristic or status protected by state or federal laws or College policy in admissions, employment and treatment of students and employees, or in any aspect of the business of the College.*



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

M#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender:      Male      Female      Student      Employee

Please complete this form to assess your potential exposure / possession of COVID-19 and other illnesses.

Are you currently free from illness?      Yes      No

Do you have: heart disease      Yes      No

                 lung disease      Yes      No

                 kidney disease      Yes      No

                 diabetes      Yes      No

                 autoimmune disease      Yes      No

During your time away from Monroe Community College, did you experience, or are you currently experiencing any of the following:

Symptoms: *Check all that apply*

Fever      Loss of Smell      Diarrhea      Body Chills      Sore Throat

Upset stomach      Extreme Level of Fatigue      Loss of Taste      Cough

Body / Muscle Aches      Pain/Difficulty Breathing      Shortness of Breath

- 2-14 days prior to experiencing these symptoms, did you experience a suspected exposure to COVID-19?  
Yes      No
- Have you had any direct contact with anyone who lives in or has visited a place where COVID-19 is spreading and/or is an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?  
Yes      No
- Have you had any direct contact with someone that has a suspected or lab confirmed case of COVID-19?  
Yes      No
- During your time away from INSTITUTION, did you self-quarantine due to suspected symptoms or exposure of COVID-19?  
Yes      No
- During your time away from INSTITUTION, have you been living in, or have visited an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?  
Yes      No

- Have you previously been or are you currently diagnosed with COVID-19?

Yes      No      Date of Diagnosis: \_\_\_\_\_

Do you have medical documentation to support your diagnosis and treatment of COVID-19?

Yes      No

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician Address: \_\_\_\_\_

Please list any countries/states/cities you have traveled to since March 15th, 2020 and the dates you were there:

1. \_\_\_\_\_ Dates: \_\_\_\_\_
2. \_\_\_\_\_ Dates: \_\_\_\_\_
3. \_\_\_\_\_ Dates: \_\_\_\_\_
4. \_\_\_\_\_ Dates: \_\_\_\_\_
5. \_\_\_\_\_ Dates: \_\_\_\_\_

#### COVID Vaccine

Date 1st dose: \_\_\_\_\_ Product Name/Manufacturer: \_\_\_\_\_

Date 2nd dose: \_\_\_\_\_ Product Name/Manufacturer: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Student Name \_\_\_\_\_

M00# \_\_\_\_\_



**Health Services**  
MONROE COMMUNITY COLLEGE

# Section 1

## Dental Hygiene / Assisting Health History Form

*Student to Complete*

### Demographics

Today's Date:

Date of Birth:

Student Address:

Cell Phone #:

Home Phone #:

Emergency Contact:

Phone:

Primary Doctor Name:

Primary Doctor Phone:

Health Insurance Carrier:

ID Number:

### Allergies

Please list all allergies (such as to drugs, bees, latex, etc.)

Substance:                      Reaction:                      Treatment:

Substance:                      Reaction:                      Treatment:

Substance:                      Reaction:                      Treatment:

Substance:                      Reaction:                      Treatment:

### Medicines

Please list all you use, including over the counter medicines

Medicine:                      Dose:                      Times/Day:                      Used For:

Medicine:                      Dose:                      Times/Day:                      Used For:

Medicine:                      Dose:                      Times/Day:                      Used For:

Medicine:                      Dose:                      Times/Day:                      Used For:

### Confidential Health History

Mark each that apply, add details or more information below.

- ADD                      ADHD                      Anxiety or Panic Attacks                      Asthma                      Back Problems
- Colitis                      Concussions/Head Injuries                      Depression                      Eating Disorder
- Type 1 Diabetes                      Type2 Diabetes                      Hearing Impaired/Deaf                      Heart Problems
- High Blood Pressure                      History of Fainting                      Migraines                      Neurological Issue
- Severe Menstrual Cramps                      Thyroid Issues                      Tuberculosis                      Uncorrected Vision Problem
- Seizures:                      Petit                      Focal                      Grand                      Last Seizure: \_\_\_\_\_

More Information:

Hospitalizations:

Surgeries:

I attest to the truthfulness of the above statements and that I am free from habituation or addiction to depressants, stimulants, narcotics and other behavior altering substances.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Student Checklist for Technical Standards

*Student to Complete*

1. Able to reach, move and adjust x-ray tube located at a height of approximately 54 inches from the floor.  
                     Yes                      No
2. Able to reach into darkroom tanks for processing located at a height of 36-40 inches.  
                     Yes                      No
3. Can give clear verbal commands to the patient while performing dental hygiene services, and at a distance of 6-10 feet from the x-ray chair while located behind a lead protected exposure control wall.  
                     Yes                      No
4. Have hearing corrected to be able to hear a patient at a distance of 6-10 feet while located behind a lead protected exposure control wall.  
                     Yes                      No
5. Have sight corrected to read millimeter markings at a distance of 8-12 inches.  
                     Yes                      No
6. Able to operate rheostat control with feet.  
                     Yes                      No
7. Have use of hands and fingers and adequate range of motion to safely perform all necessary instrumentation in providing preventative dental hygiene services.  
                     Yes                      No
8. Able to sit on operator's stool on a seat approximately 19 inches from the floor.  
                     Yes                      No
9. Have arms proportionately long enough to fit across own body and reach head and neck area of patient.  
                     Yes                      No
10. Are you using illegal drugs?  
                     Yes                      No
11. Are you allergic to film processing chemicals (developer and fixer solutions) or personal protective gloves, masks, and eyewear used for "universal precautions".  
                     Yes                      No
12. If "no" is checked, please comment on the space provided below.

---



---



---



---



## Section 3

# Vaccine Requirements

---

### Meningitis

*You must choose one option.*

1. Provide Proof of a Meningitis ACWY Vaccine received in the past 5 years that is in Section 4, #5.  
(If you are not sure if you received this vaccine, or if it was over 5 years ago, decline below for now)

OR

2. Decline the vaccine by signing below attesting that: I have reviewed the information regarding meningococcal disease available at [health.ny.gov/publications/2168](http://health.ny.gov/publications/2168), in print in the health office, or at Health Services webpage under Immunizations. I understand the risks of not receiving the vaccine. I have decided that I will not obtain immunization against meningococcal disease. I understand this does not prevent me from receiving the vaccine in the future, from my private health care provider, local health department or the Monroe County Health Department's Immunization Clinic at 111 Westfall Rd, Rochester, NY 14620, (585) 753-5150.

Student Signature (parent if under 18): \_\_\_\_\_

Date: \_\_\_\_\_

### Hepatitis B

*You must choose one option.*

1. Provide proof of the Hepatitis B vaccine series that is in Section 4, #4 or a positive immune titer

OR

2. Decline the Vaccine by signing below: (*you are not required to receive the vaccine*)

I understand that due to my possible exposure to blood or body fluids in my training, I may be at risk of acquiring Hepatitis B virus infection, a serious liver disease. I decline the vaccine at this time. If in the future, I continue to have occupational exposure to blood or other potentially infectious materials and I wish to be vaccinated with the Hepatitis B vaccine, I can receive this vaccine from my physician or from the health care agency that employs me.

Student Signature (parent if under 18): \_\_\_\_\_

Date: \_\_\_\_\_

Student Name \_\_\_\_\_

M00# \_\_\_\_\_



**Health Services**  
MONROE COMMUNITY COLLEGE

## Section 4 Tuberculosis & Required Immunizations

*Provider to complete this section.*

### Tuberculosis

*Student must show proof of one of the following:*

- Tuberculin Skin Test within past year: Date placed \_\_\_\_\_ Date read \_\_\_\_\_  
Result in mm: \_\_\_\_\_ Result is: \_\_\_ Positive \_\_\_ Negative
- IGRA Blood Test within past year: Date \_\_\_\_\_ Result is: \_\_\_ Positive \_\_\_ Negative
- For those with a new positive TB Test or Known Past Positive:
  - Student must show proof of Negative Chest X-Ray completed at any time after the + test.  
Date of Positive Test: \_\_\_\_\_ Date of Chest X-Ray: \_\_\_\_\_  
Chest x-ray result: \_\_\_ Normal \_\_\_ Abnormal  
Treatment or Referral: \_\_\_\_\_
  - Check Off Any Symptoms Shown in Past Year (Check All That Apply)  
\_\_\_ None \_\_\_ Night Sweats \_\_\_ Unexplained Weight Loss \_\_\_ Cough for 3 Weeks  
\_\_\_ Unexplained Fever \_\_\_ Bloody Sputum \_\_\_ Unexplained Fatigue

Signature of Health Care Provider: \_\_\_\_\_ Date: \_\_\_\_\_

### Immunization Requirements for All Students

1. Proof of Immunity to Measles, Mumps and Rubella by One of The Following:

Two MMR Vaccines #1 \_\_\_\_\_ #2 \_\_\_\_\_ OR

Positive IgG Immune Titers: (Attach Test Results or Enter Dates Below):

Rubeola titer: \_\_\_\_\_ Rubella titer: \_\_\_\_\_ Mumps titer: \_\_\_\_\_

2. Proof of Immunity to Varicella by One of The Following:

- Two Varicella (Chicken Pox) Vaccines: #1: \_\_\_\_\_ #2: \_\_\_\_\_
- Date of Positive Varicella titer: \_\_\_\_\_ (or you may attach lab results)
- Date of Varicella Disease Diagnosed by Provider: \_\_\_\_\_
- Date of Herpes Zoster (Shingles) Diagnosed by Provider: \_\_\_\_\_

3. Tetanus Booster in Past 10 Years: Date: \_\_\_\_\_ Circle One: Tdap Or Td

4. Proof of Immunity to Hepatitis by one of the following (or student may sign the Declination in Section 3)

- Date of Doses: #1: \_\_\_\_\_ #2: \_\_\_\_\_ #3: \_\_\_\_\_
- Date of positive Hepatitis B Surface Antibody Titer: \_\_\_\_\_ (or attach lab results)

If student is in process in the series, student should sign the declination and send in vaccine dates as received.

5. Meningitis ACWY Vaccine within 5 Years (or student may sign the Declination in Section 3)

- Date: \_\_\_\_\_

6. Date of Influenza Vaccine for Current Season: \_\_\_\_\_

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ M00#: \_\_\_\_\_

*To Be Completed by Health Care Provider.*

**Physician or health care provider**, carefully read the following statement, and check the appropriate boxes.

1. Are there musculoskeletal restrictions related to mobility, range of motion, lifting, or manual dexterity?  
 Yes  No  
 If yes, please explain: \_\_\_\_\_
2. Are there uncorrected hearing restrictions which would impair the student from hearing audible alarms or engaging in telephone or oral communication with patients?  Yes  No  
 If yes, please explain: \_\_\_\_\_
3. Are there uncorrected sight restrictions which would impair the student from accurately reading gauges and calibrated equipment?  Yes  No  
 If yes, please explain: \_\_\_\_\_

I performed the above medical evaluation and found to the best of my knowledge, him/her to be free from physical or mental impairments, including habituation or addiction to depressants, stimulants, narcotics, alcohol or other behavior-altering substances which might interfere with the performance of his/her duties or would pose a potential risk to patients or personnel.  Yes  No

If **NO** is checked, please identify those problems which might interfere with the performance of his/her duties or would pose a potential risk to patients or personnel. \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications & Supplements: None or \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_ Pulse: \_\_\_\_\_

Area Examined	Check Below if Normal	Describe Abnormal Findings
• Hand/Skin	_____	_____
• Head/Eyes	_____	_____
• Ears/Nose/Throat/Mouth	_____	_____
• Neck/Nodes	_____	_____
• Chest/Lungs	_____	_____
• Cardiovascular	_____	_____
○ Carotid Arteries	_____	_____
○ Neck Veins	_____	_____
○ Apical Pulse	_____	_____
○ Heart Sounds	_____	_____
• Abdomen	_____	_____
• Musculoskeletal/Extremity	_____	_____
• Musculoskeletal/Spine	_____	_____
• Nervous System	_____	_____
• Genitourinary	_____	_____

**Date of Exam (Must Be Within One Year):** \_\_\_\_\_

Health Care Provider's Signature or Stamp (With Title): \_\_\_\_\_

Print Health Care Provider's Last Name: \_\_\_\_\_

HCP's Address: \_\_\_\_\_

Office Phone #: \_\_\_\_\_ Office Fax #: \_\_\_\_\_