



Required Immunizations

To be **completed by the student**. Return this completed form & physical exam to Health Services on or before: July 1st. This health packet is required prior to clinical participation to ensure the health and safety of both students and patients.

Health Related Program: _____ Today's Date: _____

Name: _____ M00#: _____

DOB: _____ Phone #: _____

Emergency Contact: _____ Emergency Contact Phone: _____

Primary Doctor Name: _____ Primary Doctor Phone: _____

Health Insurance Carrier: _____ ID Number: _____

Refer to Immunizations Requirements section for additional immunization details. Be sure to submit supporting documentation of the below immunizations such as physician/provider office, childhood/school records, and COVID-19 cards. By submitting your immunization records, you understand that these will be shared with your clinical sites while enrolled at MCC.

Immunization Requirements for All Students

1. Proof of Immunity to Measles, Mumps and Rubella by One of The Following:

Two MMR Vaccines #1 _____ #2 _____ OR

Positive IgG Immune Titers: (Attach Test Results):

Rubeola titer: _____ Rubella titer: _____ Mumps titer: _____

2. Proof of Immunity to Varicella by One of The Following:

Two Varicella (Chicken Pox) Vaccines: #1: _____ #2: _____ OR

Date of titer or illness date: _____ (must attach lab results)

3. Proof of Immunity to Hepatitis B by one of the following (or student may sign the Declination)

Date of Doses: #1: _____ #2: _____ #3: _____ OR

Submit Hepatitis B titer: _____ (must attach lab results) OR

Hepatitis Response Waiver: I have read the information about Hepatitis B (located in the Immunization Requirements Section) and decline receipt of this vaccine.

Student Signature: _____ Date: _____

4. Meningitis MCV4 Vaccine (must be within 5 years)

Date: _____ OR

Meningococcal Response Waiver: I have read the information about Meningitis (located in the Immunization Requirements Section) and decline receipt of this vaccine.

Student Signature: _____ Date: _____

5. TD/Tdap: Tetanus Booster in Past 10 Years: Date: _____

6. COVID-19 (Full shot series plus booster):

Vaccine Date: _____ Vaccine Date: _____ Booster Vaccine Date: _____



Physical Exam

To be completed by your **Health Care Provider**. Please refer to the program-specific Technical Standards on the following pages prior to completion of the physical exam.

Health/Physical Exam Requirements

Students must have an annual health/physical exam while participating in all MCC Health Related Programs. If you are not current with this requirement, you will not be allowed to attend your clinical course until you are compliant. This may result in needing to take the course at another time and not progressing in your program of study. *NOTE: Students who have a condition (impairment) which could interfere with the performance of their essential duties, should connect with MCC's Disability Services to determine what accommodations would be reasonable in a clinical setting.*

Name: _____ DOB: _____

Health Related Program: _____

Physical Exam Date (must be within one year): _____

Height: _____ Weight: _____ Blood Pressure: ____/____ Pulse: _____

Uncorrected Vision: R ____/____ L ____/____ Corrected Vision: R ____/____ L ____/____

Hearing: _____

Restriction on Physical Activity: _____

Medications: _____

Allergies: _____

Tuberculosis

Must be within 6 months.

PPD Date Placed: _____

Provider Signature: _____

PPD Date Read: _____

PPD Result in mm: _____

PPD Result: _____ (if positive, see below)

Provider Signature: _____

Or Submit IGRA/T Spot with Lab Results attached.

IGRA/T Spot Date: _____

IGRA/T Spot Result: _____

If recent PPD results are ≥ 10 mm or IGRA results are positive, a chest x-ray is **REQUIRED**. If known past positive with negative chest xray, student must complete TB symptom screening form.

Date of Chest X-Ray: _____

Result: _____ (Submit a copy of the Lab Results.)

I certify that the above student/patient is in good health as determined by a recent physical examination of sufficient scope to ensure that he or she is free from health impairments which may be of potential risk to patients or other personnel or which may interfere with the performance of his or her duties, including the habituation or addiction to depressants, stimulants, narcotics, alcohol or other drugs or substances which may alter the individual's behavior. This individual is able to participate in clinical learning experiences as a student in a Health Professions Program. Please refer to the program technical standards for additional information.

Select one option below:

Yes

Yes, with my recommendation for further evaluation / treatment: _____

No

Health Care Provider's Signature or Stamp (with Title): _____

Print Health Care Provider's Last Name: _____

Office Phone: _____ Office Fax: _____



Measles, Mumps, And Rubella (MMR)

New York State Public Health Law #2165 requires all students born on or after January 1, 1957, to provide proof of immunity against measles, mumps, and rubella.

Measles

- Two doses of live measles vaccine (or two doses combined MMR vaccine) given on or after the first birthday, at least 28 day apart;
- **Or** Titer date and result – *NOTE: If your titer test does not indicate immunity, you will need to receive the vaccine, per NYS law.*

Mumps

- One dose of live mumps vaccine (or combined MMR vaccine) received on or after the first birthday;
- **Or** Titer date and result – *NOTE: If your titer test does not indicate immunity, you will need to receive the vaccine, per NYS law.*

Rubella

- One dose of live rubella vaccine (or combined MMR vaccine) received on or after first birthday.
- **Or** Titer date and result – *NOTE: If your titer test does not indicate immunity, you will need to receive the vaccine, per NYS law.*

Meningococcal Meningitis / Mcv4 (Menactra/Menveo) Vaccine

New York State Public Health #2167 requires postsecondary students to understand the risks and recommendations of meningococcal meningitis vaccination. Students are required to provide proof of a Meningitis ACWY vaccine within the past 5 years **or** you can choose to decline this vaccine. By declining the vaccine, you attest that you have received the information regarding meningococcal disease available at <https://www.health.ny.gov/publications/2168/> or by visiting the Health Services website under Immunizations. You understand the risks of not receiving the meningococcal vaccine. If you decide in the future to receive this vaccine, you can receive it from your private health care provider, local health department or the Monroe County Health Department's Immunization Clinic.

Hepatitis B Vaccine

Provide proof of Hepatitis B vaccine series, or a positive immune titer **or** you can choose to decline this immunization. By declining this vaccination, you attest that you have received the information regarding Hepatitis B and you understand that due to a possible exposure to blood or bodily fluids in your training, you may be at risk of acquiring Hepatitis B virus infection, a serious liver disease. Available at: https://www.health.ny.gov/diseases/communicable/hepatitis/hepatitis_b/fact_sheet.htm. If you decline the vaccine at this time and continue to have occupational exposure to blood or other potentially infectious materials and wish to be vaccinated with the Hepatitis B vaccine, you can receive this vaccine from a medical physician or the health care agency that employs you.

Td or/and Tdap Vaccine

Provide proof of either Td (Tetanus/Diphtheria) or/and Tdap (Tetanus/Diphtheria/Pertussis) within ten years of the start of classes.

Varicella (Chickenpox)

Provide proof of two doses **or** provide proof of date of illness of chicken pox/shingles **or** date of positive Varicella Titer.

Tuberculosis Screening

Required for all students within 6 months of the start of classes. A Mantoux TB test (PPD) **or** a Quantiferon (IGRA) test is required. The PPD skin test must be read within 48-72 hours of administration **or** a copy of the IGRA lab report must be submitted. Students with proof of a positive PPD skin test or positive IGRA test must have a chest x-ray completed. A copy of the chest x-ray results and lab report must be submitted.

Influenza Vaccine

In 2013, the New York State Public Health and Health Planning Council adopted a regulation that requires all healthcare workers (of which students are included) to protect themselves from contracting and exposing patients to the influenza virus. Please refer to the health-related program in which enrolled for documentation requirements related to the influenza vaccine and/or influenza declination form.

COVID-19

All MCC students are required to provide proof of full COVID 19 vaccination series and booster to attend on campus classes and/or participate in any on campus activities, unless the student has been approved a religious or medical exemption. If approved an exemption, the student is required to abide by the most recent guidance.

*Please visit <https://www.health.ny.gov/prevention/immunization/> for additional information regarding the above vaccines and immunizations.



| Program | Technical Standards |
|--------------------------|---|
| Clinical Lab Technician | <ul style="list-style-type: none">• Possess sufficient visual acuity to characterize color, consistency, and clarity of biological samples and to read and comprehend text, numbers and graphs displayed in print and on video monitors.• Able to use a binocular microscope to discriminate among fine differences in structure and color in microscopic specimens.• Able to see and/or hear alarms (instrument errors and facility-wide alerts).• Able to move freely and safely about a lab and reach bench tops and shelves and patients lying in hospital beds or seated in specimen collection furniture.• Perform moderately taxing continuous physical work that may require prolonged sitting and/or standing over several hours and may take place in cramped positions.• Lift and move objects of at least 20 pounds.• Perform fine motor tasks such as pipetting, inoculating media, withdrawing a blood sample from a patient, and using touchscreens and/or a computer keyboard and mouse.• Able to communicate with patients, families, coworkers and other healthcare providers in English both verbally and in writing.• Able to follow verbal and written instructions in order to correctly and independently perform laboratory test procedures.• Able to provide professional and technical services while experiencing the stresses of task related uncertainty (ambiguous test orders, ambivalent result interpretation), emergent demands (STAT test orders), and a distracting environment (high noise levels, crowding, complex visual stimuli).• Able to adapt to professional and technical change and to working with infectious and possibly unpleasant biological samples. |
| Dental Hygiene/Assisting | <ul style="list-style-type: none">• Able to reach, move and adjust x-ray tube located at a height of approximately 54 inches from the floor.• Able to reach into darkroom tanks for processing located at a height of 36-40 inches.• Provide clear verbal commands to the patient while performing dental hygiene services, and at a distance of 6-10 feet from the x-ray chair while located behind a lead protected exposure control wall.• Have hearing corrected to be able to hear a patient at a distance of 6-10 feet while located behind a lead protected exposure control wall.• Have sight corrected to read millimeter markings at a distance of 8-12 inches.• Able to operate rheostat control with feet.• Have use of hands and fingers and adequate range of motion to safely perform all necessary instrumentation in providing preventative dental hygiene services.• Able to sit on operator's stool on a seat approximately 19 inches from the floor.• Have arms proportionately long enough to fit across own body and reach head and neck area of patient.• Are you using illegal drugs?• Are you allergic to film processing chemicals (developer and fixer solutions) or personal protective gloves, masks, and eyewear used for "universal precautions". |

| Program | Technical Standards |
|----------------------|--|
| Radiology Technology | <ul style="list-style-type: none"> • Able to reach, move and adjust x-ray equipment located to a height of 72 to 80 inches from the floor (may use a 6-inch footstool). • Remove, lift and carry 5 cassettes, weight about 25 pounds. 3. Move patient in a wheelchair or stretcher from a waiting area into the x-ray room. • Assist a patient out of a wheelchair onto the x-ray table. • Assist and physically support a patient, possible weak and unable to walk, stand, sit or lie down. Assist a patient to sit up in bed or on a stretcher. • Assist, as a member of a team, in moving a patient from a stretcher or bed onto the x-ray table. • Give clear, verbal commands to the patient while positioning a patient for an x-ray procedure, and at a distance of 6-10 feet from the x-ray table while located in a lead protected exposure control booth. • Have hearing corrected to be able to hear a patient at a distance of 6-10 feet, while located in a sound absorbing, lead protected exposure control booth. • Have sight corrected to read and adjust x-ray control panel (size of digital display of a microwave). • Are you using illegal drugs? • Maintain an alert level of consciousness and orientation to time, place and person at all times. |
| Nursing | <ul style="list-style-type: none"> • Sit, stand, walk, bend and reach for long periods of time in accordance with the length of the clinical day. • Lift > 35 lbs. with or without assistance, push, pull, carry, grasp, twist, hold/support extremities or persons (e.g. during transferring, ambulation, turning, moving or lifting patients in bed). • Manipulate equipment that requires both fine and gross motor skills such as, but not limited to wheelchairs, beds, IV pumps, blood pressure cuffs, and computer keyboards. • Maintain full functional use of all senses, including feeling, hearing, seeing speaking, and detecting odors for activities such as, but not limited to, responding to alarm sounds, performing patient assessments, and reading medical records. • Communicate information in English in an understandable and effective manner, both person-to-person and with the use of telecommunications devices as well as in writing, both longhand and by electronic/computer devices. • Interpret written, verbal and electronic communication in English accurately. • Maintain an alert level of consciousness and orientation to time, place and person at all times. • Function effectively in a fast-paced, dynamic environment. • Exercise sound judgement regarding all responsibilities, using patience, tact, and flexibility. • Maintain a level of functioning unimpaired by substances such as alcohol, prescription or illegal drugs. • Maintain emotional health and mental well-being. |

Program

Technical Standards

Surgical Technology

- Adequate visual acuity (with or without corrective lenses).
- Sufficient physical ability and manual dexterity to meet program requirements including: the ability to stand, walk, kneel, lift, bend, push, carry, hold, grasp without assistance and without assistive devices for long periods of time with minimal/no breaks.
- Sufficient hearing (with or without hearing aids).
- Positive interpersonal skills in patient, staff, and faculty interactions.
- Possess short/ long-term memory sufficient to perform tasks such as, but not limited to, mentally tracking surgical supplies and performing anticipation skills intraoperatively.
- Lift and carry a minimum of 35 pounds across a room.
- Communication skills necessary to meet objectives of the program and can communicate and understand fluent English both verbally and in writing.
- Emotionally and physically stable to function in a high stress environment.
- Demonstrate the use of positive coping skills under stress.
- Demonstrate calm and effective responses, especially in emergency situations.
- Make appropriate judgements and decisions.
- Refrain from nourishment or rest room breaks for up to 8 hours.
- Assemble equipment large and small.
- Move, manipulate O.R. equipment such as O.R. tables, beds, stretchers and complete case carts.
- Drape equipment and the surgical patient without contamination of surgical field with speed, accuracy and efficiency.
- Able to maintain sterility of surgical field using time, efficiency and accuracy.
- Assist with transfer and transport of patients.
- Assist with/and or lift, move, position, and manipulate, with or without assistive devices, the patient who is unconscious.
- Assist with surgical prep of patients which involves elevation of extremities while the RN circulator, assistant surgeon prepares the limb.
- Manipulate instruments, supplies, and equipment with speed, dexterity, and good hand-eye coordination.
- Draw up medications/solutions in a syringe in a sterile manner from the sterile field.
- Pass instruments quickly and efficiently.
- Demonstrate manual dexterity.
- Demonstrate sufficient visual and tactile ability to load a fine (10-0) suture onto needles and needle holders with/without corrective lenses and while wearing safety glasses properly, quickly and safely.
- Provide a safe environment for sharps on the sterile field in the operating room.
- Hear and understand muffled communications without visualization of the communicator's mouth/lips and within 20 feet.
- Hear activation/warning signals on equipment.
- Able to retain information regarding the steps of surgical procedures so as to anticipate the needs of the surgeons.
- Demonstrate sufficient peripheral vision to anticipate and function while in the sterile surgical environment.

| Program | Technical Standards |
|-------------------|---|
| EMT-B & Paramedic | <ul style="list-style-type: none">• Able to lift, carry and balance up to 125 pounds (250 with assistance).• Able to be unaffected by loud noises and flashing lights.• Possess good manual dexterity with ability to perform all tasks related to patient care.• Ability to bend, stoop and crawl on uneven terrain. Yes No• Ability to converse, in English, with coworkers and hospital staff with regard to the status of the patient.• Ability to communicate effectively via telephone and radio equipment.• Ability to withstand varied environmental conditions such as extreme heat, cold and moisture.• Ability to work in low light situations and confined spaces.• Ability to read English language manuals and road maps.• Ability to accurately discern street signs and addresses. |