# Transitional Studies Program College Success Courses Frequently Asked Questions

## What is the difference between COS 101 and COS 133?

**Course Descriptions**

| COS 101 – 1 Credit<br>College Orientation Basics | COS 133 – 3 Credits<br>Introduction to College Studies |
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| COS 101 provides essential information about the College in a concise one-credit course. Topics include campus resources and activities, MCC technology, goal setting, time management, and college policies. Students will leave this course more informed and prepared for their college experience.<br><br>One class hour.<br><br>A student who has earned a passing grade for COS 101 cannot later earn credit for COS 133. | COS 133 will enable students to transition successfully into the college environment by incorporating strategies designed to build skills and promote habits of mind that will sustain them throughout their lives and careers. Students will learn how to set goals, manage time, solve academic problems, learn and study in college, and use MCC technology. By becoming informed and vested members of the College community, students will be able to self-advocate, access resources, establish relationships, critically think, and ultimately develop a strong work ethic for personal and academic success. Students will leave this course with the ability to make informed choices and with a clearer sense of their purpose, meaning, and direction.<br><br>Three class hours.<br><br>A student who has earned a passing grade for COS 133 cannot later earn credit for COS 101. |

**See Student Outcomes below**

| Student Outcomes: *By the end of the course, students will be able to* | |
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| **COS 101** | **COS 133** |
| Implement time management strategies for academic success. | Implement time management strategies for academic success. |
| Choose behaviors that support personal responsibility for learning. | Create short and long term educational goals. |
| Access information about institutional, department, and course policies at MCC as necessary for academic success. | Choose behaviors that support personal responsibility for learning. |
| Identify college resources. | Apply the behaviors of an effective learner, such as self-awareness, coping skills, or interpersonal communication. |
| Utilize campus activities or events as first-year college students. | Employ techniques that promote problem-solving of academic issues. |
| Use MCC technology, such as student email, MCC website, Banner or Blackboard. | Access information about institutional, department, and course policies at MCC as necessary for academic success. |
| | Identify college resources. |
| | Utilize campus activities or events as first-year college students. |
| | Discuss respect, diversity, and civility. |
| | Use MCC technology, such as student email, MCC website, Banner, and Blackboard. |
| | Employ inferential, critical, and creative thinking skills. |
| | Choose activities, such as exploring career pathways, registering for subsequent semesters, employing effective study strategies, and using appropriate academic vocabulary, to effectively transition into the College community. |