# Lighting the Fire Under Learning

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## Agenda

- Reflect on Powerful Learning Experiences
- □ Explore Theories of Motivation
- □ Analyze Ideal Scenarios
- □ Apply Learning to Home Institution



Image from: https://twitter.com/HeyTeach\_WGU

## Think, Pair, Share

 Think about a powerful learning experience.
 Tell a partner about it. Name 1-2 factors that made it powerful.



#### **Carol Dweck's Mindset Theory**

Fixed versus Growth

The power of "yet"

Changing our self-talk

The effort effect



Image from: https://evolutioneat.com/fixedmindset-vs-growth-mindset/



#### **Self Determination Theory**

<b>Autonomy</b> A sense of control or freedom in decision making	<b>Competence</b> A sense of self-efficacy or confidence in one's ability to contribute	<b>Relatedness</b> A sense of connection to others
<ul> <li>Affirm human dignity</li> <li>Use person-centered language</li> <li>Self-advocate</li> <li>Set own goals</li> <li>Set own tasks</li> </ul>	<ul> <li>Value contributions</li> <li>Share actionable feedback</li> <li>Self-assess</li> <li>Time to develop skills</li> <li>Opportunities to build confidence</li> </ul>	<ul> <li>Develop rapport</li> <li>Create common framework for collaborating</li> <li>Establish a personal support network</li> </ul>

#### Adult Learners . . .

- 1. need to know **why** they should learn something.
- 2. have a deep need to be **self-directing**.
- 3. bring **valuable experiences** and life lessons.
- 4. are motivated when they experience "a need to know."
- 5. approach learning **task centered** or life centered.
- 6. are motivated **intrinsically and extrinsically**.



Adapted from Knowles, M. S. et al (1984) Andragogy in Action. Applying modern principles of adult education, San Francisco: Jossey Bass

### Why does it work?

Read the scenario.

Identify how and why the scenario works using the theories of motivation.

Some questions you might ask:

- How does this scenario make use of pedagogical theories?
- How does this scenario create a sense of relatedness?



- How does it create the opportunity for active learning?
- How does it require or encourage internal motivation?

## What are you taking with you today?



Where are there opportunities on your campus for support staff, administration, and faculty to collaborate to create motivating learning opportunities for students?

□ What are your next steps?

Image from: https://depositphotos.com/79242584 /stock-photo-key-takeaway.html

#### QUESTIONS

#### COMMENTS

#### Thank you!

#### Please fill out an evaluation.