



Menu for 3/23/2026 – 4/16/2026

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

Soup: Chicken & Orzo
Small \$3.00 Large \$4.00

French Fries \$2.45

House Fried Potato Chips \$2.25

Salads

Greek Salad (Vegetarian) \$7.10
Mixed greens tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red onions, red peppers, kalamata olives, pepperoncini, and feta cheese.

Greek Grain Bowl (Vegetarian) \$6.10
Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.

Add-ons: grilled chicken \$2.50, crispy tofu \$3, bacon \$1

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

Pizzas

Cheese (Vegetarian) \$5.25
House made marinara and mozzarella cheese.

Pepperoni \$6.25
House made marinara, pepperoni and mozzarella cheese.

Buffalo Chicken \$7.25
Buffalo blue cheese sauce, crispy buffalo chicken and mozzarella cheese.

Greek Pizza \$6.75
Garlic oil, olives, roasted red peppers, tomatoes, spinach mozzarella and feta cheese.

Entrees

Chicken Fingers \$7.50
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

Chicken French \$7.50
Egg-battered chicken breast with a lemon sherry sauce, served over rice pilaf.

Sandwiches

All sandwiches include house-fried chips and a pickle.

Breakfast Sandwich \$5.25

Egg, bacon, and cheddar cheese on a soft roll.

Try it with Buffalo Blue Cheese - \$.50

Classic Grilled Cheese Sandwich (vegetarian) \$6.00

Cheddar, provolone and pepper jack cheeses on focaccia bread.

Turkey BLT Panini \$7.40

Sliced turkey, bacon, tomato, lettuce and garlic aioli on focaccia. *Add cheese for \$.50*

Slider Burgers \$7.40

Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll.

Buffalo Chicken Sandwich \$7.40

Crispy or grilled chicken tossed in buffalo sauce, topped with buffalo blue cheese, lettuce and tomato on a roll.

Beverages

Milkshake \$4.65

Chocolate, Cookies & Cream, Peach, Raspberry, Strawberry, or Vanilla

Assorted Beverages \$2.00

Bottled beverages, hot coffee, hot/iced tea, lemonade.

Flavored Lemonade or Iced Tea \$2.25

Peach, Raspberry, Strawberry, or Vanilla

Desserts

Brownie Sundae \$3.90

Warm brownie, vanilla ice cream and whipped cream.

Fudgy Brownie \$2.50

Cheesecake with Caramel Sauce \$3.75

Please inform us of any food allergies



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



Hospitality Management
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness