



Menu for 9/15/2026 – 10/8/2026

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

Soup: Corn Chowder with Bacon on the side	
Small \$3.00 Large \$4.00	
French Fries	\$2.45
House Fried Potato Chips	\$2.25
Fresh Fruit cup	\$3.50
Strawberries, pineapple, cantaloupe, grapes	
Side Garden Salad	\$3.50
Mixed greens, cucumbers, carrots, red onion, and grape tomato	
Side Macaroni & Cheese	\$3.50

Salads

Chicken Caesar Salad	\$7.50
Romaine lettuce, croutons, parmesan cheese, red onions and tomatoes with Caesar dressing topped with crispy or grilled chicken.	
Pesto Quinoa Grain Bowl	\$6.25
<i>(Vegetarian, made without gluten)</i>	
Quinoa, spinach, grape tomato, cucumber, and pine nuts tossed in pesto sauce.	
<i>Add-ons: grilled chicken \$2.50, crispy tofu \$3, bacon \$1</i>	
Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.	

Pizzas

Cheese <i>(Vegetarian)</i>	\$5.25
House made marinara and mozzarella cheese.	
Pepperoni	\$6.25
House made marinara, pepperoni and mozzarella cheese.	
Tomato-Basil <i>(Vegetarian)</i>	\$6.25
House made marinara, mozzarella cheese, vine-ripe tomatoes, and basil pesto.	
Buffalo Chicken	\$7.25
Buffalo blue cheese sauce, crispy buffalo chicken and mozzarella cheese.	

Sandwiches

<i>All sandwiches include house-fried potato chips and a pickle.</i>	
Breakfast Sandwich	\$5.25
Egg, bacon, and cheddar cheese on a soft roll.	
<i>Add pesto cream sauce for \$.50</i>	
Classic Grilled Cheese Sandwich <i>(Vegetarian)</i>	\$6.00
Cheddar, provolone and pepper jack cheeses on focaccia bread.	
Add tomato and bacon - \$1.00	
Caprese Panini <i>(Vegetarian)</i>	\$6.25
Vine-ripened tomato, provolone cheese and fresh pesto on toasted focaccia.	
Half Sandwich and Side	\$6.00
Grilled Cheese or Panini with a cup of soup, fries or side salad	
Slider Burgers	\$7.50
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll. *Add bacon for \$1.00	
Pesto Chicken Sandwich	\$7.50
Crispy or grilled chicken tossed in pesto sauce, topped with provolone cheese, lettuce and tomato on a soft roll.	

Entrees

Chicken Fingers	\$7.75
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.	
Traditional Macaroni & Cheese <i>(Vegetarian)</i>	\$6.75
Pasta Primavera <i>(Vegetarian)</i>	\$7.25
Linguine tossed with creamy basil-pesto, sauteed spinach, grape tomatoes, red onion, zucchini and yellow squash.	
<i>Add-ons: Buffalo chicken \$2.50, crispy tofu \$3, bacon \$1</i>	

Please inform us of any food allergies

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness



Beverages

Milkshake	\$4.75
Chocolate, Peach, Raspberry, Strawberry, or Vanilla	
Assorted Beverages	\$2.25
Assorted bottled beverages, hot coffee, hot/iced tea, lemonade.	
Flavored Lemonade or Iced Tea	\$2.50
Peach, Raspberry, Strawberry, or Vanilla	

Desserts

Brownie Sundae	\$4.00
Warm brownie, vanilla ice cream and whipped cream.	
Strawberry Shortcake	\$4.05
Fluffy sponge cake with fresh strawberries, strawberry sauce and vanilla whipped cream.	
Raspberry Sorbet <i>(Vegan)</i>	\$3.25
Fudge Brownie	\$2.50
Jumbo Cookie	\$2.25

Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Food For Thought is located in Building 3, Room 146



Hospitality Management
MONROE COMMUNITY COLLEGE