



Menu for 10/6/2025 – 10/23/2025

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

Soup: Chicken Tortilla

Small \$3.00 Large \$4.00

French Fries \$2.45

House Fried Potato Chips \$2.25

Salads

Mexican Salad \$7.25

Mixed greens with Cajun corn, tomato, cilantro, shredded cheddar, crispy chicken and fried corn tortilla strips, with chipotle ranch dressing.

Baja Grain Bowl \$5.95

(Vegetarian and made without gluten)

Quinoa tossed with a cilantro-lime vinaigrette, topped with Cajun corn, black beans, grape tomatoes, pickled red onion, cotija cheese and cilantro, served with chipotle aioli.

Add ons: grilled chicken, \$2, crispy tofu \$3, bacon \$1

Entrees

Chicken Fingers \$7.25

Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

Chicken (or Tofu) Parmesan \$7.25

Breaded chicken breast (or Tofu) with marinara sauce, mozzarella cheese and pasta.

Pizzas

Cheese *(Vegetarian)* \$5.15

House made marinara, mozzarella cheese.

Pepperoni \$6.15

House made marinara, pepperoni, mozzarella cheese.

Buffalo Chicken \$7.25

Buffalo blue cheese sauce, crispy buffalo chicken, mozzarella cheese.

Chipotle Chicken \$7.25

Crispy chicken, chipotle aioli, bacon, roasted red pepper, mozzarella cheese.

Sandwiches

All sandwiches include house-fried chips and a pickle.

Breakfast Sandwich \$5.25

Egg, bacon, and cheddar cheese on a soft roll.

*Try it with Chipotle Aioli - \$.50

Classic Grilled Cheese Sandwich *(vegetarian)* \$6.00

Cheddar, provolone and pepper jack cheeses on focaccia bread.

Add tomato and bacon - \$1.00

Southwest Turkey Panini \$7.25

Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on toasted focaccia bread.

Slider Burgers \$7.25

Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll.

Chipotle Chicken Sandwich \$7.25

Crispy or grilled chicken with chipotle aioli, bacon, lettuce and tomato on a soft roll.

Buffalo Chicken Wrap \$7.25

Crispy buffalo chicken, romaine lettuce, tomato, red onion and buffalo bleu cheese sauce in a wheat wrap.

Beverages

Milkshake \$4.65

(Vanilla, Chocolate, Strawberry, or Pumpkin)

Assorted Beverages \$2.00

Assorted bottled beverages, hot coffee, iced/hot tea, lemonade. **Cold Brew \$3.75**

Fruit Smoothies \$5.95

Superfruit, Mellow Mango

Desserts

Brownie Sundae \$3.80

Warm brownie with vanilla ice cream & whipped cream.

Fudgy Brownie \$2.35

Apple Crisp Bar \$3.25

Add vanilla ice cream - \$1.50

Please inform us of any food allergies



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



Hospitality Management
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness