

# Food For Thought Heat and Eat Menu October 6 – October 23

An accessible version of this menu is available on the [MCC Heat and Eat menu webpage](#).

## DINNERS

Approximately Serve 4

### Chicken Parmesan Dinner \$29.99

Chicken Parmesan, pasta/marinara, bread sticks, salad/dressing, dessert

### Pumpkin Alfredo Pasta Bake \$29.99

Pumpkin and goat cheese pasta bake with bacon, salad/dressing, focaccia bread sticks, dessert

## SOUPS

Per Quart

### Chicken Tortilla \$8.49

### Creamy Tomato-Basil \$8.49

## ADD-ONS

### Macaroni & Cheese Bake \$11.99

Approximately serves 4

### Assorted Cookies & Brownies \$11.99

Per dozen

### Fresh Fruit Platter \$12.99

Approximately serves 4-6



Email: [rgriffin20@monroecc.edu](mailto:rgriffin20@monroecc.edu) to place your order!

Orders must be placed 24 hours in advance.

Pick up times are available Monday - Thursday 11:00am - 4:00pm